## **Route Direction**

This walk is entirely on quiet country lanes, avoiding the many footpaths hereabouts which are currently very wet and muddy underfoot.

- 1. Turn RIGHT out of the George car park, cross the road and head up the road opposite alongside the church; this is Seed Rd. Continue uphill, passing the electricity mast on the LEFT and onto the small hamlet of SEED. Walk through Seed and continue to the next turning on the LEFT; this is Frith Rd.
- **2.** Turn LEFT onto this lane and after passing Little Frith farm the lane dips and then rises quite steeply. Almost at the top of the incline there is a lane off to the LEFT; this leads directly back to Newnham and the start of the walk. This is the alternative shorter 3 mile (4.8K) walk, shown as a pecked line on the attached map.
- **3.** The longer route continues on the Frith Rd., passing Old Frith Farm & Frith Farm, both on the LEFT. A short distance after the entrance to Frith farm the road bears round to the LEFT with a lane (Wyebanks lane) off to the RIGHT. Stay on Frith Rd, passing Snoad Farm on a bend in the road until it meets the junction with Otterden Rd. Turn LEFT at this junction.

- **4.** This is a busier lane and care should be taken to keep close to the right side of the road. Stay on this road for just over a mile (1.6k) to the village of Eastling. Walk through the village, passing the Carpenters Arm pub until meeting the junction with Newnham Lane on the LEFT.
- **5.** Turn into Newnham Lane and follow it back into Newnham .



Winter Heliotrope or Sweet Colts Foot seen on the side of Otterden Road just as it enters Eastling

## Quiet lanes on The Downs

A circular 3 (4.8k) or 5 mile (8k) walk on quiet lanes around Newnham, Eastling & Seed





